



SERMON NOTES

US N°. 146

Date: June 8th, 2014

Title: Be Still and Know

1. Life has storms
2. Learn about being still
 - a. Ps. 46:1b-11, *"God is our refuge and strength, a very present help in trouble. Therefore we will not fear, even though the earth be removed, and though the mountains be carried into the midst of the sea; though its waters roar and be troubled, though the mountains shake with its swelling. Selah. There is a river whose streams shall make glad the city of God, the holy place of the tabernacle of the Most High. God is in the midst of her, she shall not be moved; God shall help her, just at the break of dawn. The nations raged, the kingdoms were moved; He uttered His voice, the earth melted. The LORD of hosts is with us; the God of Jacob is our refuge. Selah. Come, behold the works of the LORD, who has made desolations in the earth. He makes wars cease to the end of the earth; He breaks the bow and cuts the spear in two; He burns the chariot in the fire. Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth! The LORD of hosts is with us; the God of Jacob is our refuge. Selah."*
 - i. This verse is not so much about meditation as it is about the mediation of God's kingdom in the heart of faith. The command to *"be still"* comes from the Hebrew stem of the verb meaning to be weak, to let go, to release, which might better be translated as, *"cause yourselves to let go"* or *"let yourselves become weak."* But to what end are we to *"be still, let go, surrender, or even to die to ourselves"*?
 - ii. Also, in Hebrew grammar, the emphasis of is on the second imperative. In other words, we surrender in order to know that God is in control. We *"let go"* in order to objectively know the saving power of God in our lives. We give up trusting in ourselves and our own designs in order to experience the glory of God's all-sufficiency (Ex 14:14). When we surrender to the sure truth that the LORD God of Israel is in complete control of this world, we will find peace and be delivered from our temporal fears.
 - iii. Indeed, even though the present world be shaken (v 2), with the nations raging and the kingdoms of men tottering (v 6), we will not fear, since we know that God is our present help in time of trouble (v 1). The city of God will one day be established upon the earth (vv 4-5), and the schemes of the *"princes of this world"* will all become desolate (vv 8-9), but in the coming kingdom the Lord Most High will be exalted among the nations, and Yeshua will forever be exalted among His original covenant people Israel.
 - iv. Meanwhile, *"Set your mind on things above, not on things on the earth. For you died, and your life is hidden with Christ in God. When Christ who is our life appears, then you also will appear with Him in glory."* (cf. Col. 3:2-4).

- b. Ex. 14:13-14, *"And Moses said to the people, "Do not be afraid. Stand still, and see the salvation of the LORD, which He will accomplish for you today. For the Egyptians whom you see today, you shall see again no more forever. The LORD will fight for you, and you shall hold your peace.""*
 - c. Ps. 131, *"LORD, my heart is not haughty, nor my eyes lofty. Neither do I concern myself with great matters, nor with things too profound for me. Surely I have calmed and quieted my soul, like a weaned child with his mother; like a weaned child is my soul within me. O Israel, hope in the LORD from this time forth and forever."*
 - d. 2 Cor. 10:4-5, *"For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,"*
 - e. 1 Kings 19:10-14, *"So he said, "I have been very zealous for the LORD God of hosts; for the children of Israel have forsaken Your covenant, torn down Your altars, and killed Your prophets with the sword. I alone am left; and they seek to take my life." Then He said, "Go out, and stand on the mountain before the LORD." And behold, the LORD passed by, and a great and strong wind tore into the mountains and broke the rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a still small voice. So it was, when Elijah heard it, that he wrapped his face in his mantle and went out and stood in the entrance of the cave. Suddenly a voice came to him, and said, "What are you doing here, Elijah?""*
3. The Significance of Pentecost
- a. Mt. 28:20, *"I, I am with you always, even to the end of the age."*
 - b. Dt. 31:6, *"Be strong and of good courage, do not fear nor be afraid of them; for the LORD your God, He is the One who goes with you. He will not leave you nor forsake you."*
 - c. Acts 1:4-5, *"He commanded them not to depart from Jerusalem, but to wait for the Promise of the Father, "which," He said, "you have heard from Me; for John truly baptized with water, but you shall be baptized with the Holy Spirit not many days from now.""*
 - d. Mark 1:7-8, *"And he preached, saying, "There comes One after me who is mightier than I, whose sandal strap I am not worthy to stoop down and loose. I indeed baptized you with water, but He will baptize you with the Holy Spirit.""*
4. Take-aways
- a. Life's storms are normal but your life is now hidden in Christ
 - b. The victorious life is one that is entirely surrendered to God
 - c. Be still and watch what God can do for you
 - d. Quiet yourself with and don't be frantic
 - e. Listen for the still small voice
 - f. Wait for the Promise of the Father
 - g. Be filled with the Holy Spirit
 - h. Be still and know that He is God